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ANNUAL REPORT 2016

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THE IMPOSSIBLE WE DO NOW MIRACLES TAKE A LITTLE LONGER

PRESIDENT

Pete Gaisford

Leadership is the key to a successful club, whether it be Football, Rugby or a Lifesaving club. Get the leadership right and the rest will follow. I am pleased to write that the management of the Perranporth Surf Lifesaving Club is in the good hands of a hardworking and motivated committee.

It is significant to note the commitment of the current chair Doreen Lawrence. Doreen is a "hands on chair" and fully conversant with all aspects of the club activities. Doreen also ensures that all club members sign in on the youth and senior training evenings in the summer and at the swimming pool in the winter.

Matt Sanwell club Capt. has grown into the role and after the initial shock (at the number of things a Capt. has to do) has steadied the ship and now leads by example with lifeguard training, the fund raising projects for the Triathlon.

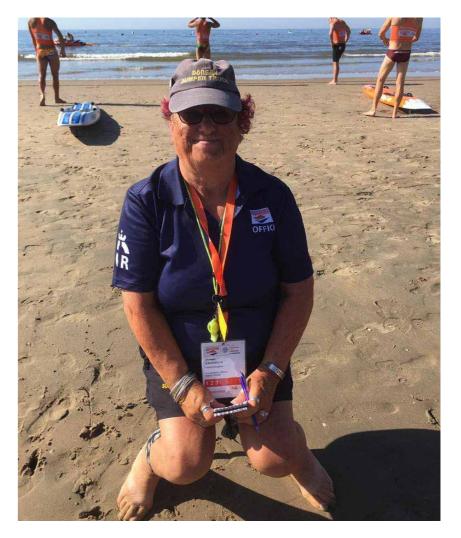
The club is particularly strong within the Nipper 7 – 12yrs age range, looked after by dedicated club parents and age managers. The Youth section 12 – 18yrs has done very well in lifesaving competitions and several have joined the RNLI Beach Lifeguards as volunteers with a view to becoming professional lifeguards. The women membership has a Friday evening to learn surf awareness and improve their swimming and technical skills on the club equipment. The Friday evening sessions are managed by Anita Fleet and this section of the club has grown significantly.

In all areas and ages the club has done well and continues to build on solid foundations. There was one telling remark I overheard one evening at a BBQ. "This is such a social club and so enjoyable to be part of". This is also a significant factor in the club's success. The kitchen skills of the club cake bakers have to be seen to be believed and are utilised to raise funds for the club.

I believe the club is in good hands and strikes the right balance between training, competition, qualifications and simply having fun. Get all these ingredients right and you have a lifesaving club that people want to join and to be part of.

CHAIRMAN'S REPORT





CHAIR

Doreen Lawrence

Another two years have passed and I was once again on Official at the World Surf Life Saving Competition in the Netherlands. Great Britain had a Youth and Open team, and the Master Competition had many Clubs taking part from the UK as well as in the Inter Clubs. If you ever have a chance to go, at any age, please do, it's a great experience. (This was my seventh and I have Gold Medals, wasn't always old) Also while in Holland I ticked off something from the Bucket List I drove an IRB at full throttle - Eat your heart out Rob Farr and Nigel Bowden!!

As always I have been involved with Youth on Tuesday and Wednesday nights - just being a nuisance! I have an ipad with me where I do the risk assessments and registration and send them straight to the Secretary, no paper and done on the night. Things do progress every year!

I hope to be your Chairman for the next year, if you all agree. Perhaps the next 100 years! - You should be so lucky.

CAPTAINS REPORT







CAPTAIN

Matt Sanwell

So, my first year as Perranporth Surf Lifesaving Club's captain has now passed. For me, the highlight of the year would have to be the Triathlon. Being part of the triathlon committee the lead up to the event was hectic and slightly stressful, but as in previous years pretty much the whole club worked together to create a smooth running and really enjoyable event.

The Club really feels like an extended family and it is this that I feel is the most important part of it. The Annual Dinner and Dance early this year really illustrated this. Anita and Spike worked really hard to organise what I am sure you'll agree was the best one for a while. The Watering Hole backdrop made for a more relaxed setting and the food was delicious, although I didn't eat much due to the impeding doom of the captains speech, but after a slightly robotic delivery, it felt good to be out of my comfort zone and trying something different. The guest speaker, Barry Frost, brought the house down with his hilarious yet poignant keynote speech about how accepting the club was and how it was an important part of his life.

Another essential element of the surfclub is the sport. Yet again Perranporth have achieved some great results. More importantly, there have been impressive competitor numbers and high levels of sportsmanship at most of this years lifesaving events. Next year (2017) is our 60th year as a Surf Club and I would love to celebrate that with record numbers of club members at all levels and ages attending the Cornish and SLSGB events.

After tragically passing away within a few weeks of each other, the club and the Perranporth community gave a dramatic send off to Trevor and Andy Miners. The Perraners sung songs as the Nippers, Youth and Seniors paddled out on paddleboards, Surfboats and IRB's to Droskyn Point. The surfboat then scattered their ashes into the sea with a subsequent 3 cheers from everyone. Trevor Miners was one of the founding members of the club, what a legacy he and the others have made!

2015 AWARDS

THE ADAMS AWARD

Most improved lady of the Year Lara Beech

'CLUBBIE' OF THE YEAR
Andrea Commons

BOARD PADDLER OF THE YEAR Faye Betty

'BOATIE' OF THE YEAR Alice Bane

THE PITMAN CUP

A group or individual that has done fundraising.
Scilly Boat Crew: Paula Bright, Alice Bane, Tina Pascoe, Ruth Creamer & Pete Gaisford

Martin Fleet

TOWNLEY CUP - YOUTH OF THE YEAR George Hudson

THE LAWRENCE CUP

Dedicated and supportive Youth member, not always the fastest or most competitive!

Toby Blanks

THE WESTCOTT CUP

An individual that has done lots to help out the club.

Anita Fleet

THE LES STOPHER SHIELD

Someone who has been a committed life saving award student for the club this year.

Clint Pope

THE BUSTER HARRIS SHIELD

Lifesaver of the Year.

Rob Farr & Matt Sanwell

SKI PADDLER OF THE YEAR

(Not presented this year)

SECRETARYS REPORT



SECRETARY

Nigel Bowden

As per normal 2016 has been another busy year for the Perranporth Surf Life Saving Club with another 12 months of hard work and commitment. In my mind to list all the achievements over the year would just take too much time, so I would like to thank all the members of the club for all their time making the club such a great place to be. The clubhouse still lacks the buzz of being used and hopefully this will be addressed as we plan to have more club functions based at the clubhouse.

This year we saw the passing of Trevor Miners who will be missed, for me it was a time to reflect back on what Perranporth Surf Life Saving Club was setup to do. The club still plays a significant role within our community to provide a facility for both the youth and adults of the town and the surrounding area. The foundation is to teach and coach the necessary surf and lifesaving skills to use Perranporth beach safely. Today if you look at the amount of professional lifeguards now working our beaches that have come up through the club we should be proud that we are still delivering that legacy. Although we are no longer doing this voluntary I hope that next year that the club will try and promote out of hours patrols in the hope of making our beach even safer and help encourage more lifeguards for the future. With the work we are doing with SLSGB there will be no need for formal qualifications and to help out you will just need to be willing to get stuck in and learn.

Perranporth Surf Life Saving Club depends on membership subscriptions, grant funding, donations and sponsorship to keep the club financially afloat and we are indebted to all those who support the club. This is an endless task and moving forward we must support and come up with more ideas for fundraising as we are now coming up to our 60^{th} year and we must plan for our future requirements.



LIFESAVING MANAGER

Dave Meads

My aim of this year was to make sure Perranporth stayed as one of the leading clubs for the development and training of beach lifeguards. We have a great relationship with the RNLI and 10 members of the club have worked as RNLI lifeguards during the summer months. The club has four trainers and assessors, but we desperately needed more to share the load and give more people the chance to gain qualifications. Surf Life Saving Great Britain offer a wide range of qualifications that can suite all club members.

We do have a large number of club members who have a range of qualifications. The club needs as many qualified members to keep all the activities going. We were able to offer the first aid support for the 'Tunes in the dunes' and excellent water cover for the Triathlon. Many clubs would struggle to run an event

like this, in what turned out to be very testing conditions, but due to our huge number of qualified clubbies and the incredible support from the RNLI lifeguards.

This year Tom McRitchie and Esme Rogers stepped up and ran a course. I over saw them but never had to step in as they were amazing and did a wonderful job. They will be a real asset to the club and I hope more qualified clubbies can offer to become qualified trainer and assessors for SLSGB.

This year we gained 34 awards. 23 were proficiencies and the rest were lifeguard qualifications. Next year I would like to promote the 'emergency first aid at work' course as this is recognised by employers and is vital in everyday life. Overall a very successful season.

RNLI REPORT RNLI REPORT

WARNING EXPOSED WRECK

has become exposed at low tide and has the potential to cause harm



The wreckage is scattered throughout the shallows at low tide. It's position approximately inline with Chapel Rock and further West.

Female Sperm Whale stranded at Penhale







RNLI

Ben Gardiner

RNLI Seasonal Supervisor Perranporth and Perran Sands

Without doubt a more challenging season than 2015, this year has seen the lifeguards dealing with increased visitor numbers and some unusual events.

Spring saw selection trials for potential new lifeguards, Rohan Mynard, Sampson Tellam, Toby Blanks and Tom McRitchie secured employment continuing a good record of our youth and intermediate members gaining employment with the RNLI. I would encourage any others interested in working for the RNLI in 2017 to get an application submitted in the New Year. Follow the advertisement for applications on the RNLI website. Here is also the place to apply for Volunteering roles with the RNLI.

This year we were pleased to have the help of Max Lawrence and Rory the 'Lion' Tellam, who just after his sixteenth birthday was able to become a fully accredited Volunteer for the RNLI showing great commitment.

RNLI volunteers receive much of the same training as seasonal lifeguards and uniform.

2016 has been the season of unpredictability with rip currents at Perranporth. There was the tragic death of a swimmer during the season at High Cliffs, occurring in a year that has seen an unprecedented number of these tragedies occurring around the country,

Several major rips have meant that the conditions have been tricky at almost every stage of the tide. Just North of Chapel Rock saw multiple rescues and assists by the lifeguards at mid to high tide. Lifeguards were forced to split the red and yellow flags and black and white flags to either side of the large hole during these times.

Such was the severity of this particular deepening hole that we saw objects emerging from the sand, an old car rusted with intact tires being one!

The sand loss in August also brought up the wreck of a

French ship, Le Seine. She was on her way to Falmouth in December 1900 with a cargo of Nitrate when she ran into a gale off Scilly and ran ashore at Perranporth. All crew were rescued and she was broken up on the next tide. Posters were positioned at the beach entrances and a video shared by lifeguards that was shared and viewed some 14,000 times on Facebook.

Although seen on many low tides, the wreck on this occasion was revealing more than a foot or two of metal, but about six foot high spiked rods, various metalwork and wooden paneling as well as a porthole and other rigging points. Within two weeks it was covered up again with the return of ten feet of sand.

Rob Farr the Club's IRB Captain and member of St Agnes Coastguard Cliff Rescue Team has continued with delivery of club IRB training, with myself stepping in to assess the candidates. We have seen Samson Tellam, Toby Blanks and Tom McRitchie achieve their Helm and Rohan Maynard, Max Lawrence and Rory Tellam achieve their Crew.

The IRB team sent three IRBs with a club boardpaddler (Glen Latham) who supported the RNLI fundraiser Castle to Castle again this year, with the RNLI then supporting the Club with the Triathlon with two Jet-skis and two IRBs, both major fundraising events for both organisations.

In July we had a rare event occur. A female Sperm Whale was stranded on the beach at Perran Sands. Despite efforts from Lifeguards and British Divers Marine Life Rescue the whale was too large to be re-floated on the falling tide and perished.

Continuing with the animals and on a more positive note, in July a Black Labrador which fell halfway down the cliffs at Flat Rocks was reported to Lifeguards; they alerted and then worked with the Coastguard team who were able to lower the animal down to the beach on ropes. Later that day the same lifeguards helped St Agnes team again at the same spot to evacuate a casualty with a broken ankle to an ambulance at Perran Sands.

Many Thanks from the team and all the rest of the lifeguards.

LADIES REPORT



LADIES CAPTAIN

Anita Fleet

It's ladies night and the surf's just right! 2016 has gone so incredibly fast and I can hardly believe that we are rapidly approaching Christmas once again. As I look back on all the pictures from this season, I can't believe how much we have achieved. The ladies section of the club has continued to go from strength to strength and, once again, we have welcomed many new wonderful members to Perranporth Surf Life Saving Club. Like last year, we have also seen the return of many previous talented members who are back demonstrating their skill and talent out on the water.

Redruth Pool is where it began for many members this year and this led on to a strong Perranporth team competing in the Cornish Stillwater Frostbite event in St Ives. Several of the competitors surprised themselves with

their incredible talent and came home with some bling!

The medal winners for Cornish Frostbite were:

| Andrea Commons | Manikin Carry | Gold (in age group) |
|----------------|---------------|-----------------------|
| Annie Lee | Manikin Carry | Silver (in age group) |
| Anita Fleet | Manikin Carry | Bronze (in age group) |
| Tessa Wilson | Manikin Carry | Silver (in age group) |
| Anita Fleet | Manikin Tow | Silver (in age group) |
| Tessa Wilson | Manikin Tow | Gold (in age group) |
| Amy Vian | Obstacle | Bronze (in age group) |
| Andrea Commons | Obstacle | Gold (in age group) |
| Annie Lee | Obstacle | Silver (in age group) |

Several of the ladies also competed at Cornish Champs at Holywell. Well done to all the members who represented your club and have inspired others to have a go next year. The medal winners for Cornish Champs were:

| Annie Lee | Surf Race | Gold (in age group) |
|-----------------|--------------|-----------------------|
| Anita Fleet | Surf Race | Silver (in age group) |
| Sarah Green | I Km Run | Silver (in age group) |
| Julia Georgelin | Ikm Run | Gold (in age group) |
| Esme Rogers | 2km Run | Silver (open) |
| Julia Georgelin | Beach Sprint | Silver (in age group) |
| Esme Rogers | Beach Sprint | Bronze (open) |
| Anita Fleet | Beach Flags | Silver (in age group) |
| Andrea Commons | Beach Flags | Bronze (in age group) |
| Megan Smith | Beach Flags | Silver (in age group) |
| Esme Rogers | Beach Flags | Silver (open) |

Looking back at last year's report, my vision for 2016 was to: learn vital life-saving skills; improve everyone's confidence in the water; for individuals to gain competencies; have fun and to meet new people. I'm delighted to report that many members have now gained their tube and board competencies and are ready to have a go at competing next season. 2016 has been the year of personal progress for many. Due to the help and support of lots of talented club members, the ladies have had some fantastic opportunities this year, such as: surf boat rowing with the legendary Gaisford and Dan Berriman; high speed IRB action with Rob Farr and his incredible team; invaluable paddle board coaching from our awesome Ozzie- Rach Crabb; superb sea swimming techniques from our very own 400m county record holder - Rohan Maynard and some inspiring surf tuition from the talented Nico. As a result of the above, the ladies have improved their rescue board and sea swimming skills and are far more confident out in the water.

Whilst writing this, I'm recovering from our end of season social where great friends spent the day in the water followed by a lovely meal and the odd drink or two! I think it's fair to say that many of us have met new wonderful friends though Perranporth Surf Lifesaving Club.

If you were out and about on a Friday night this summer, there was a wave of neon pink and blue in the water.

Thanks to Piran Surf, we all wore brightly coloured rash vests which ensured all members could be seen and this made the instructors' job so much easier.

Personal Achievements

As you can see from the medal tables previously, we have a very talented swimmer amongst us-Annie Lee. We were all incredibly proud of Annie who successfully completed the Isles of Scilly 15km swim and 10km walk in one day. Annie trained tirelessly throughout the year to achieve this and raised an incredible amount of money for Penhaligon's Friends.

Next year marks the clubs 60th year and there will be lots to look forward to and I'm incredibly proud to be a part of such a fantastic organisation. I will personally be looking to build on the success from this year and get a strong team together for Nationals.

I feel extremely proud of all of the dedicated and determined ladies who have all personally accomplished so much. This year I have been blessed with a strong group of instructors who have supported me in so many different ways. There would not be a ladies night without each and every one of you. I cannot thank you all enough for your precious time; valuable knowledge/skills and on-going support.

2016 Instructors: Annabel Barsch, Spike Gaisford, Hilary Belcher, Rohan Maynard, Rach crabb, Gill Lloyd, Esme Rogers and Vicky Gould

I'd also like to thank Faye Treffry - our lovely social secretarywho has organised some fun packed activities for us.

This year, more than ever, reminded us all just how powerful and unforgiving the sea can be and the vigilance and commitment of Club members is as necessary today as it ever was. These ladies are certainly more equipped now to keep themselves, their families and the general public safe in the water.



NIPPERS REPORT



NIPPER MANAGER

Spike Gaisford

Perranporth Nippers have had another lovely year down at the beach and in the pool. For the local 2016 events, the Penzance Frostbite Stillwater weekends and the Cornish Champs at Portreath, we had a really great team turn out from Perranporth SLSC.

With good results and some medals gained. we even managed to not get disqualified in a Beach Relay and win a gold in it for the first time ever! Most importantly though our Nippers went with the 'do my best and enjoy it' mindset which was out in full force. They really are amazing children and even though we only managed a tiny team of 11 for the GB Ocean Nationals at Exmouth, out of 120 on the register, those who made the journey certainly were a 'team' with great spirit and fortitude. It's a shame this event fell in such a busy part of the summer holidays, maybe for 2017 we will have a greater squad - the event will be over the hill in Holywell Bay, so no excuses!

Our trip up to Millfield in April to the GB Pool Nationals was better attended as it was a one day experience, the

children blew me away with their great attitude in what is a hot and noisy environment AND racing in the 50m pool all day. We all really like this trip as much for the competition as for the trip in the minibuses making friends and eating fish & chips on the way home, a childhood memory to treasure. Again at the National events we took our share of the bling, but more importantly had the best fun of all the clubs!

Perranporth hosted the Max Hocking Nipper Fun Day in June and Captain Matt and our awesome parents put on a great event for all the Nippers of Cornwall which took over Perran beach completely! July saw the town carnival and our Nippers were out in force again as the 'Whacky Olympic team' with bikes and go-karts all the rage!

Our Club Award Night for Nippers is always after the AGM in December so here are the much deserved winners for 2015.

I just want to say an enormous 'thank you' to all the parents and friends who help make Nippers so special by giving their precious time. Really looking forward to our 60th year being fantastic! See you in 2017.

2015 NIPPER AWARDS

| Nipper Age Group | MOST IMPROVED NIPPER | 2015 AGE GROUP NIPPER OF THE YEAR 2015 | |
|------------------|----------------------|--|--|
| 7's | Ben Palmer | Charlotte England | |
| 8's | Charlie Masters | Noah Hamilton | |
| 9's | Freddy Gaisford | Archie Mallett | |
| 10's | Brock Hathway | Aisling Cook | |
| l l's | Maisie Bicknell | Jack Commons | |
| 12's | Anya Knight | Aaron Martyn | |
| 13's | Amber Jones | Matti de Beer | |
| CLUB MOST IM | PROVED NIPPER 2015 | CLUB NIPPER OF THE YEAR 2015 | |
| Jow | an Kerry | Amy Georgelin | |
| MOST IMPROVED | BOARD PADDLER 2015 | MOST IMPROVED SWIMMER 2015 | |
| Tiffa | any Postle | Wilf Bicknell | |
| AGE MANAGE | R OF THE YEAR 2015 | COACH OF THE YEAR 2015 | |
| Mai | ndy Owen | Jayne Chapman | |

YOUTH REPORT YOUTH REPORT



YOUTH MANAGER

Simon Boyle

After another very quick summer season we are now back in the comfort of a heated swimming pool twice a week. It is again that time of year to reflect on the past year's highs and lows of the Youth team. It is also a time to assess which areas work well and what needs updating.

We continued the same format from previous years with two swimming sessions a week, one on a Tuesday night coached by Allan Reid, the other on a Thursday coached by Russel O'Connor. These sessions work well and are key to the fitness level needed for the summer. In the

2015 YOUTH AWARDS

MOST IMPROVED BOARD PADDLER
Charlotte Farr

MOST IMPROVED SWIMMER Samuel Stephens

MOST IMPROVED SKI PADDLER Jessica Commons & Megan Smith summer, we had an Australian lifeguard working with the RNLI, Racheal Crabb come over and help out the sessions. Racheal was a very competent coach and it was a shame that due to the change in lifeguarding hours that she couldn't see out the summer. It is clear that we rely upon outside coaching for the majority of our sessions. Personally I feel this can have a negative effect on more Parent/helpers coming forward and taking on a coaching roll. So hopefully we can look into this for next year.

Every year we get a new influx of Nipper/Juniors. The surf club to the 13's age group can always be a bit like Marmite. Not sure whether to embrace a more regimented style of training that we do in youth. Training with the bigger kids and bigger boards for some will always be a daunting task. This year we had a larger group of nipper juniors than normal come through and most seemed to take to the different set up really well. I was pleased to see how hard they tried during the sessions. However it is clear that we have a missing link between the nippers and the youth. The step up between the two is something to consider for the future.

It is always a great feeling when you see the youth guarding, especially on the beach that they grew up on and trained on with the surf club. We had a good group this year all work, some voluntarily, for the RNLI. One of the goals as part of the Lifesaving Club is to see our members getting jobs with something they love doing and have done for years. Well done to Tom McRitchie, Samson Tellam, Rory Tellam, Toby Blanks and Max Lawrence for working with the RNLI, obviously not forgetting George Hudson and Esme Rogers who have completed their second season. All of whom I have had the privilege of coaching since they joined the youth.

Competitions as a team are not our strong point. We compete, but we don't force the issue. I don't think that having a 'must compete' attitude to be part of the youth is the right one but I would like to see more names on the entry sheets. That said at the local competitions we did represent a decent team and lots of points were scored.

I Have to say a well done to the 'fab four' that went to Exmouth nationals. Esme Rogers, Meg Smith, Charlotte Farr, Jess Commons. The dates of the competition didn't suit a lot of people so hopefully we have a bigger team next year. Another mention has to go to Esme Rogers for her sporting achievements this year. Esme earnt her first cap by representing the England team. By far the most successful sports person in the club this year. The all girl team managed to get 14th out of 28 female teams. Not bad for such a small team. Lots of team points were scored by all.

A big thank you goes to all the helpers this year. Parents that have taken kids to the comps. Parents that have cooked food. Parents that have helped with water safety and Parents that have helped in any way. Not forgetting the youth themselves, thanks for the hard work and dedication they show each week.

And Finally.....

After 8 years of coaching/managing the youth I have decided to take a step back from managing the youth. I will obviously be helping out the new manager in whatever way I can (if they want me to!) but at this stage in my life and with other commitments outside of lifesaving I have to take a reality check.

9 Years ago we had no dedicated youth session to speak of. A few random sessions only suited for the very capable ones that could join in with the stronger adult sessions, and any competitions were only represented by a small group of competitive youth. Competitively we did do very well, but outside of that we struggled to have a coherent youth squad with core club values. In the years that followed I have seen the youth section grow and grow to what we have today. Thanks has to go to all that have supported the youth over those years and made it such an important part of the club. It is you that made it all happen, I just 'winged it'.

IRB REPORT





IRB CAPTAIN

Rob Farr

As the year end approaches, we can look back on another very busy year for the Perranporth SLSC IRB's and crews. We continue to be approached by SLS and other non SLS external organisations, to assist them with Water Safety cover at numerous events. There were even some that we had to turn down, when on some weekends, we already had 3 boats and crews out on other events. It's a great position to be in, and has helped to finance us to buy outright our second club IRB this summer.

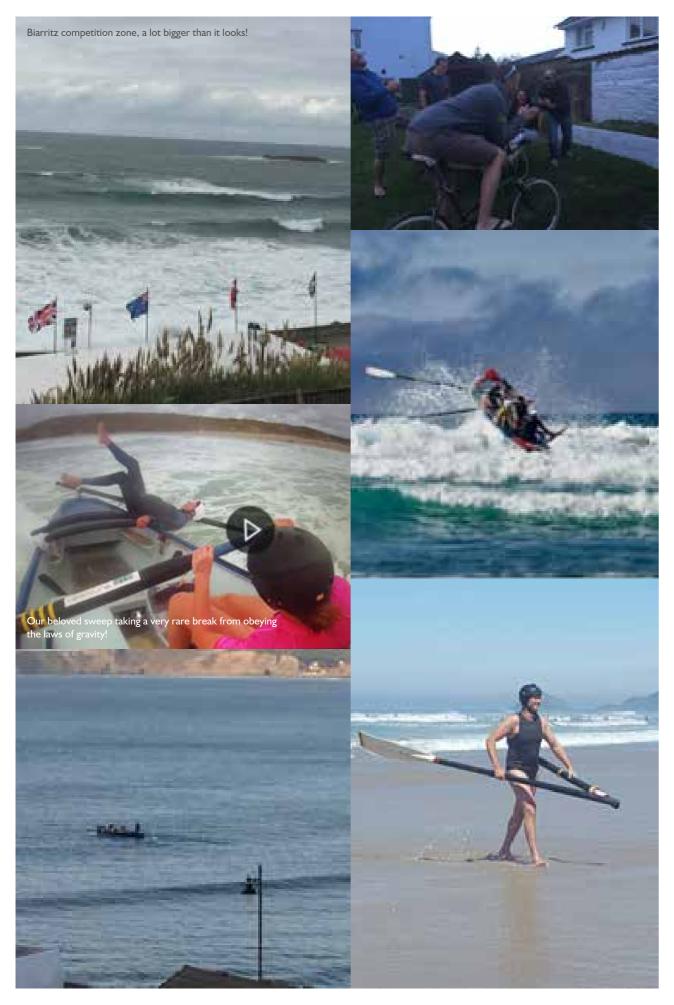
Some of the events we attended were the RNLI Castle to Castle swim, the Newquay Wave Project, Helford board paddle, BSUP start of year event at Watergate, Joe Way Paddle for Life at Newquay, SLSGB Friday night Surf Carnival Series at Perranporth, Ladies night IRB taster, Lusty SLSC IRB surf training, Cornwall SLS championships, SLSGB Senior Nationals, the club Triathlon, and the BSUP end of season event at Watergate.

Wednesday night IRB training has seen 3 new IRB Helms (Tom McRitchie, Samson Tellam, Toby Blanks) and 3 new IRB Crew (Rohan Maynard, Max Lawrence, Rory Tellam). Quite satisfying to see them all now working on our beaches for the RNLI, having seen most of them progress from nippers. Some real home grown talent, working on our own beach. I'd like to say a big thank you to Jason Wheeler and Shane Tellam for their continued help and support, and to Ben Gardiner for doing the exams, and still keeping a keen interest in the clubbie/RNLI IRB links.

Perrans experience with IRBs in moving water has also been utilised by the Cornwall SLS Flood team, where part of the team is made up from Perran club members; 3 of which attained their DEFRA level 4 (powered boat operations in moving flood waters). The Arancia IRB has proven to handle brilliantly in swift moving flood water, and its good to know we have crews that could respond locally and nationally, if the need arises.

Looking forward to next year, please let me know if you want to get involved with the IRB. There are various ways of getting yourself into it, whether it be rescue, event safety, racing, or flood rescue. If you like the smell of 2 stroke, come and join us to learn and have some fun. Catch me at swimming or email me on rob.farr@perranporthslsc.org.uk

SURFBOAT REPORT



SURFBOAT CAPTAIN

Arron Jones

This has been a wonderful season for the boaties this year. After a lot of hard work by Admiral Pete Gaisford and others from across the county, 24 surfboats were brought over from Turkey that had been donated by Australian clubs to commemorate the centenary of the Gallipoli battle. Perranporth SLSC now have a very good surfboat that is perfect for our wonderful waves!.

Both the women's and men's teams have competed well this year across Wales, Devon, Cornwall and France. In September we were honoured to represent the club in Biarritz to race against international teams. The conditions were 'challenging' to say the least and unfortunately the racing was cancelled after our first heat. Now, without blowing our own trumpet, we were absolute heroes taking wave after wave on the head. It was widely agreed that these were 8 foot faces smashing down on us, but powering over and through them things were looking good, that was until we realised that our bow man had managed to shear through his rowlock which basically meant that we only had three rowers. As you can imagine this meant that on the next wave the boat flipped, equipment and men were strewn everywhere and our race was done (after a long swim).

The club were also privileged to take Olympic gold medallist Helen Glover and her new husband Steve 'Deadly 60' Backshall (and guests) out for a row the day after their wedding, so glamorous.

Both experienced and new rowers have enjoyed a great season for catching waves in the boat, the men have enjoyed several capsize drills and are now highly experienced in remaining calm in the odd 'dodgy' situation. The club performed exceptionally well when racing came to our very own Perranporth with sunshine and great waves, now we can not be 100% sure but the

same bowman also managed to snap an oar during this comp as well.

As always the women seem to be able to row out and then catch a stonker of a wave with minimal fuss or destruction of equipment!.

We now have the foundations for an exceptional surfboat squad, we have a large group of very capable rowers, a new boat, two of the best sweeps around and of course the best beach.

The coming season holds a lot of promise and this year we have a group of athletes that are committed to training and honing these skills to compete at the highest level. If we can maintain the high standards that have been set both at the end of this season and the early winter training that has already begun then we are in with a great shout for some silverware.

We have also begun a sweep training programme to develop the next generation of boat steerers to ensure this great sport can go from strength to strength, this combined with new clubs across the Southwest purchasing the new boats all add up to a very exciting time to be involved with the sport.

On a lighter note, it should also be acknowledged that our very own Marcus Cooper was crowned World Surfboat semi naked cycling champion of North Devon during our first competition in Saunton.

We would love to welcome any new rowers, this includes people that have never sat in a boat before but fancy 'having a go', this is how many of us started and we are now fully hooked. If you would like to partake please contact myself or any other 'boaties'.

TRIATHLON AND AQUATHON REPORT





TRIATHLON CO-ORDINATOR

Spike Gaisford

We were about due the 8ft surf conditions at our recent Perranporth Extreme Surf Triathlon. It was the 29th year for this legendary September event with 300 athletes taking part, held on the roads, beach and cliffs around the town and which raises the funds which maintain our club throughout the year.

With a huge swell running, the safety team comprising of club members and assisted by the local RNLI team, chose to run a shorter but wave ridden swim. Even the hardiest of swimmers found this a challenge in the surf line.

New for 2016, the cycle route had a much more spectator friendly course, utilising steep Liskey Hill on the way out and then returning down steep Cox Hill and along the entire length of Perranporth's main street. Three times round this loop saw massive crowds in the town with a real 'Tour de Cornwall' vibe enhanced by Tretherras School Samba band playing the triathletes along the way. The cyclists also reported a great turn-out of residents watching and cheering on the intimate Cox Hill section. The run was no less kind with the Zig-Zag/Cliff section back again.

There was a really great community spirit in the town with over 80 marshals and 30 water safety crew from the club & community volunteering their time to help make the event a fantastic success. The Perranporth Youth Aquathon, a swim and run race was also held the day before with 130 children from local life saving and swimming clubs participating in testing surf and heavy Cornish rain, but despite the weather there were many smiles!

The Club gives a big shout out to everyone who helped and 'thank you' to the local businesses who generously sponsored the weekend: Haven Perran Sands, The Watering Hole, Cycle Logic of Helston, Snugg Wetsuits of Newquay, GAP ltd, Kier Group, Healey's Cyder Farm, Callestick Ice Cream, Bathsheba Surf, Skinners Brewery, Carve Magazine, Iglu Wetsuits, The Ice Box and Kabuto Noodles, New Wave Church, Sarah and Natasha Sports Massage, Chris Law Osteopath, the Filling Station cafe, Design Unltd and SeaDog IT, Perranzabuloe Parish Council. Next year it is our Triathlon's 30th anniversary and Perranporth SLSC will be celebrating its 60th birthday so 2017 will be a busy year for the club. Hope you can help!

Matt, Spike & Shelley - PPSLSC Tri Organising Team

SPORT REPORT

SPORT

This report covers, all Regional, National events for 2016, but would also like to highlight all the time and hard work the club Coaches give to the club. Sport has always been a big part of Perranporth SLSC.

SLSGB sport is still a numbers game when entering, the larger the team the more chance of winning. Surf lifesaving is one of the only sports where the individual will shine but needs the support of the rest of the team to succeed.

Cornish Nipper Stillwaters

This year started with the Cornish Nipper
Stillwater, this took part in Penzance pool over
two weekends with over 600 children taking part.
Perranporth SLSC 7th overall.

Stillwater Nipper team (8-10): Callum Tutt, Archie Mallett, Byron Postle, Jowan Kerry, Freddy Gaisford, Wilf Bicknell, Anna Dingle, Tegan Evans, Noah Eggleton, Amos Rundle, Noah Hamilton, Finley Robinson, Finn Jeffrey, Charlie Masters. Lilly Murdoch, Amy Georgelin, Woddy Bessell, Edward Pope, Malu Robinson, Maisie Tutt

Stillwater Nipperteam (11-13): Harvey Gaisford, Aaron Martyn, Alex Robinson, Huw Owen, Summer Jeffrey, Romy Rundle, Jake Georgelin, Willow Jeffrey, Mia Rose Barr, Maisie Bicknell, Freya Sanwell, Ben Eisenkolb, Ollie Critchley, Josie Plant, Maya Bessell, Abby Martyn, Aisling Cook, Tom Dingle

| Girls 8yrs Flipper Race | Maisie Tutt | 15 th |
|-------------------------|-----------------|------------------------|
| Boys 8yrs Flipper Race | Sam Lee | Silver |
| | Woddy Bessell | 7 th |
| Girls 9yrs Flipper Race | Amy Georgelin | Silver |
| Boys 9yrs Flipper Race | Finn Jeffrey | 7 th |
| | Finley Robinson | th |

| Girls 10yrs Flipper Race | Anna Dingle | 7 th |
|---|-----------------|------------------------|
| | Tegan Evans | 15 th |
| Boys 10yrs Flipper Race | Jowan Kerry | 5 th |
| | Archie Mallett | I4 th |
| | Wilf Bicknell | 15 th |
| | Josie Plant | 10 th |
| Girls I lyrs Flipper Race | Abby Martyn | 15 th |
| | Maya Bessell | 16 th |
| Boys I lyrs Flipper Race | Tom Dingle | I O th |
| C: 1 12 Fit D | Mia Rose Barr | 5 th |
| Girls 12yrs Flipper Race | Freya Sanwell | 9 th |
| Boys 12yrs Flipper Race | Jake Georgelin | Bronze |
| D 12 FI D | Aaron Martyn | 7 th |
| Boys 13yrs Flipper Race | Harvey Gaisford | I O th |
| B 0 5 :- | Sam Lee | Gold |
| Boys 8yrs Board Race | Woddy Bessell | 9th |
| | Amy Georgelin | Gold |
| Girls 9yrs Board Race | Brooke | 15 th |
| , | Instance | |
| Boys 9yrs Board Race | Finley Robinson | Gold |
| Girls 10yrs Board Race | Tegan Evans | 7 th |
| | Archie Mallett | 6 th |
| Boys 10yrs Board Race | Wilf Bicknell | 9 th |
| 20/0 10/10 2001 2 1 000 | Jowan Kerry | 12 th |
| Girls I lyrs Board Race | Aisling Cook | 15 th |
| Girls 13yrs Board Race | Romy Rundle | 16 th |
| Boys 13yrs Board Race | Aaron Martyn | 15 th |
| | Malu Robinson | 5 th |
| Girls 8yrs Manikin Race | Maisie Tutt | 13 th |
| Boys 8yrs Manikin Race | Sam Lee | Gold |
| , , | Amy Georgelin | Gold |
| Girls 9yrs Manikin Race | Lilly Murdoch | 12 th |
| Girls 10yrs Manikin Race | Anna Dingle | 16 th |
| , | Archie Mallett | Gold |
| Boys 10yrs Manikin Race | Jowan Kerry | 8 th |
| , , | Callum Tutt | I4 th |
| | Josie Plant | 4 th |
| Girls I lyrs Manikin Race | Abby Martyn | I O th |
| Boys I lyrs Manikin Race | Tom Dingle | 13 th |
| | Mia Rose Barr | 4 th |
| Girls 12yrs Manikin Race | Freya Sanwell | th |
| Boys 12yrs Manikin Race | Jake Georgelin | Silver |
| , , , : : : : : : : : : : : : : : : : : | Aaron Martyn | 6 th |
| Boys 13yrs Manikin Race | Alex Robinson | 15 th |
| .,, | Harvey Gaisford | 16 th |
| Girls Manikin Relay 11-13yr | Perranporth | 9 th |
| Boys Manikin Relay 11-13yr | Perranporth | 8 th |
| 20/31 idi ilidi i relay 11-13yi | . c. rumportii | • |

| Boys Medley Relay 8-10yr | Perranporth | 5 th |
|----------------------------|-------------|-------------------|
| | Perranporth | 8 th |
| Girls Medley Relay 11-13yr | Perranporth | th |
| Girls Board Relay 8-10yr | Perranporth | I O th |
| Boys Board Relay 8-10yr | Perranporth | 16 th |
| Girls Board Relay 11-13yr | Perranporth | IO th |
| Boys Board Relay 11-13yr | Perranporth | 15 th |
| Boys 8-10yrs Board | Perranporth | 13 th |
| Boys 11-13yrs Board | Perranporth | th |
| Cirda O IO Tida | Perranporth | I4 th |
| Girls 8-10yrs Tube | Perranporth | 16 th |
| Girls 11-13yrs Tube | Perranporth | I th |
| Boys 11-13yrs Tube | Perranporth | I th |
| | Perranporth | 15 th |

Cornish Youth Stillwaters

The Cornish Youth was held at St Ives Pool Perranporth came 5th Overall.

The Youth team: Jessica Commons, Megan Smith, Katie Whitbread-Abrutat, Charlotte Farr, Abi Pope, Jessica Georgelin, Harvey Gaisford, Jack Farr, Huw Owen, Ben Evens, Samuel Stephens, Nyall Thornton, Morgan Stephens

| Megan Smith | 4 th |
|-------------------|--|
| Katie Whit- | 16 th |
| bread-Abrutat | |
| Jessica Georgelin | 6 th |
| | |
| Megan Smith | 13 th |
| | |
| Megan Smith | 5 th |
| | |
| Jessica Georgelin | Bronze |
| | |
| Perranporth | Bronze |
| | |
| Perranporth | Bronze |
| | |
| Perranporth | 4 th |
| | |
| Perranporth | 4 th |
| | |
| | Katie Whit- bread-Abrutat Jessica Georgelin Megan Smith Megan Smith Jessica Georgelin Perranporth Perranporth |

| Girls Under 16 Manikin | Perranporth | 5 th |
|------------------------|-------------|-------------------|
| Relay 4x12.5m | | |
| Girls Under 16yr Med- | Perranporth | 4 th |
| ley Relay 4x25m | | |
| Boys Under 16yr Med- | Perranporth | 9 th |
| ley Relay 4x25m | Perranporth | I O th |
| Boys Under 14yr Med- | Perranporth | Bronze |
| ley Relay 4x25m | | |

Cornish Open/Master Stillwaters

The Cornish Open/Masters was held at St Ives Pool Perranporth came 2nd Overall.

The Open/Masters team: Mandy Owen, Annie Mander,
Anita Fleet, Emma Graham, Sarah Green, Andrea
Commons, Lara Beach, Tessa Wilson, Rachel Church,
Annabel Barsch, Esme Rogers, Rohan Maynard, Amy
Purohit, Amy Vian, Simon Boyle, Simon Lawrence,
Andy Beach, Alex Clifton, Matt Sanwell, Lloyd Bellenie,
Chris Rogers, Dean Georgelin, Stuart Flowerday, Tom
McRitchie, Max Lawrence, George Hudson, Jason
Wheeler

| | Rohan Maynard | 4 th |
|-----------------------|----------------|-------------------|
| Ladies Obstacle Race | Esme Rogers | I2 th |
| | Amy Vian | I4 th |
| | Annabel Barsch | 15 th |
| Mens Obstacle Race | Tom McRitchie | I4 th |
| | Anita Fleet | Bronze |
| Masters Ladies Obsta- | Andrea Commons | 8 th |
| cle Race | Annie Mander | I th |
| | Tessa Wilson | 12 th |
| | Matt Sanwell | 6 th |
| Men's Masters Obsta- | Simon Boyle | 7 th |
| | Dean Georgelin | 9 th |
| cle Race | Lloyd Bellini | I O th |
| | Alex Clifton | 12 th |
| Ladies Open Manikin | Amy Vian | I4 th |
| Tow 75m | | |
| Mons Open Manikin | George Hudson | th |
| Mens Open Manikin | Tom McRitchie | I2 th |
| Tow 75m | Max Lawrence | I4 th |
| | | |

SPORT REPORT SPORT REPORT

| | Anita Fleet | Silver |
|------------------------|------------------|------------------------|
| Masters Ladies Manikin | | 4th |
| Tow 75m | Sarah Green | <u> </u> |
| | Tessa Wilson | 6 th |
| | Matt Sanwell | Gold |
| Masters Men Manikin | Simon Boyle | Bronze |
| Tow 75m | Lloyd Bellenie | 6 th |
| | Dean Georgelin | 13 th |
| Ladies Manikin Carry | Annabel Barsch | I O th |
| , | Rohan Maynard | I 2 th |
| with Fins 75m | Esme Rogers | I4 th |
| Mens Manikin Carry | Tom McRitchie | 13 th |
| with Fins 75m | | |
| | Anita Fleet | Bronze |
| Masters Ladies Manikin | Tessa Wilson | 7 th |
| Carry with Fins 75m | Andrea Commons | 8 th |
| | Sarah Green | I3 th |
| | Matt Sanwell | Bronze |
| Masters Men Manikin | Simon Boyle | 4 th |
| | Dean Georgelin | 5 th |
| Carry with Fins 75m | Simon Lawrence | 9 th |
| | Lloyd Bellini | I O th |
| Mixed Obstacle Relay | Perranporth SLSC | 6 th |
| · | Perranporth SLSC | I th |
| 4x50m | Perranporth SLSC | 15 th |
| Open Medley Polay | Perranporth SLSC | 4 th |
| Open Medley Relay | Perranporth SLSC | 5 th |
| 4x25m | Perranporth SLSC | I O th |
| MIXED Manikin Relay | Perranporth SLSC | I O th |
| 4x12.5m | Perranporth SLSC | 15 th |

National Stillwaters

2016 SLSGB National Stillwater's Millfield School.

National Nipper Stillwater team: Harvey Gaisford, Huw Owen, Jack Farr, Aaron Martyn, Jake Georgelin, Mia Rose Barr, Maisie Bicknell, Freya Sanwell, Tom Dingle, Josie Plant, Aisling Cook, Tiffany Postle, Stella Pope, Martha Marney, Abby Martyn, Callum Tutt, Jowan Kerry, Freddy Gaisford, Wilf Bicknell, Anna Dingle, Tegan Evans, Lucy Cook, Noah Eggleton, Noah Hamilton, Amy Georgelin, Edward Pope, Sam Lee, Ethan Chapman, Malu Robinson, Maisie Tutt

| Q. 1. 0. Th | Tutt, Maisie | 9 th |
|-------------------------|------------------|------------------------|
| Girls 8 Flipper | Robinson, Malu | I O th |
| Boys 8 Flipper | Lee, Sam | Silver |
| Girls 9 Flipper Race | Georgelin, Amy | 8 th |
| Girls I I Flipper | Plant, Josie | 7 th |
| Girls 12 Flipper | Barr, Mia Rose | 16 th |
| Boys 12 Flipper | Georgelin, Jake | 9 th |
| Boys 13 Race | Martyn, Aaron | I4 th |
| C: L O.M. :I: C | Robinson, Malu | 4 th |
| Girls 8 Manikin Carry | Tutt, Maisie | I 3 th |
| Boys 8 Manikin Carry | Lee, Sam | Gold |
| Girls 9 Manikin Carry | Georgelin, Amy | 6 th |
| Girls 12 Manikin Carry | Barr, Mia Rose | 8 th |
| Boys 12 Manikin Carry | Georgelin, Jake | Bronze |
| Boys 12-13 Manikin | Perranporth SLSC | 8 th |
| Relay | | |
| Girls I I Rescue Tube | Perranporth SLSC | I O th |
| Girls 12 Rescue Tube | Perranporth SLSC | I2 th |
| Boys 13 Rescue Tube | Perranporth SLSC | 7 th |
| Girls 8-10 Medley Relay | Perranporth SLSC | 15 th |
| Boys 8-10 Medley Relay | Perranporth SLSC | I O th |
| Boys 11-13 Medley Relay | Perranporth SLSC | 9 th |
| Boys 8 Year Board Race | Lee, Sam | Gold |
| Boys o Teal Board Nace | Chapman, Ethan | 10th |
| Girls 9 Board Race | Georgelin, Amy | Gold |
| Boys 10 Board Race | Kerry, Jowan | 16 th |
| Boys 13 Board Race | Farr, Jack | 16 th |
| Boys 10 Board Rescue | Perranporth | 16 th |
| Girls I I Board Rescue | Perranporth | 7 th |
| Davis 12 David Davis | Perranporth | I O th |
| Boys 13 Board Rescue | Perranporth | 15 th |
| Girls 8-10 LC Meter | Perranporth | I 3 th |
| Board Relay | | |
| Boys 8-10 Board Relay | Perranporth | 15 th |

Perranporth SLSC was unable to enter teams in the Youth, Open and master for 2016.

Cornish Nipper Championships

The Cornish Nippers was just short of 600 nippers competing. This year it was held over two days at Portreath with two fantastic days of weather and some

Perranporth SLSC came 8th overall.

Cornish Nipper ocean team: Harvey Gaisford, Aaron Martyn, Alex Robinson, Jake Georgelin, Zach Smith, Jack Commons, Finley Wallis, Maisie Bicknell, Freya Sanwell, Guy Hilllary, Tom Dingle, Ben Eisenkolb, Josie Plant, Maya Bessell, Abby Martyn, Aisling Cook, Stella Pope, Archie Mallett, Jowan Kerry, Freddy Gaisford, Wilf Bicknell, Mack Wallis, Anna Dingle, Tegan Evans, Lucy Cook, Noah Eggleton, Amos Rundle, Finley Robinson, Evie Bishop, Noah Eggleton, Amy Georgelin, Elodie McNair, Jasmine Julyan, Edward Woody Bessell, Edward Pope, Sam Lee, Ethan Chapman, Malu Robinson, Maisie Tutt

| Male 8yrs Flags | Edward Bessell | 6 th |
|----------------------------|-----------------|------------------------|
| Female 9yrs Flags | Amy Georgelin | Gold |
| Male 13yrs Flags | Harvey Gaisford | 5 th |
| Male 13yrs Golden Nipper | Harvey Gaisford | 6 th |
| Male 12-13yrs Surf Relay | Perranporth | 8 th |
| | SLSC | |
| Male 9yrs Board Race | Finley Robinson | 7 th |
| Female 8-9yrs Board Relay | Perranporth | 6 th |
| Female 8yrs Surf Race | Malu Robinson | 5 th |
| Male 8yrsSurf Race | Sam Lee | Gold |
| Female 9yrs Surf Race | Amy Georgelin | Gold |
| Male 10yrs Surf Race | Archie Mallett | 6 th |
| Male I lyrs Surf Race | Tom Dingle | 8 th |
| Male 12yrs Surf Race | Jake Georgelin | 6 th |
| Male 8yrs Beach Sprint | Edward Bessell | Silver |
| Female 9yrs Beach Sprint | Amy Georgelin | Gold |
| Male 9yrs Beach Sprint | Finley Robinson | Bronze |
| Mala IO Danah Cawint | Archie Mallett | 7 th |
| Male 10yrs Beach Sprint | Jowan Kerry | 8 th |
| Female I lyrs Beach Sprint | Josie Plant | 6 th |
| Male 12yrs Beach Sprint | Zach Smith | 4 th |
| Male 13yrs Beach Sprint | Harvey Gaisford | 8 th |
| Female 10-11 Sprint Relay | Perranporth | Gold |
| Male 10-11 Sprint Relay | Perranporth | 5 th |
| Male 12-13yrs Sprint Relay | Harvey Gaisford | 4 th |
| Female 9yrs 500m Run | Amy Georgelin | Gold |
| Female 10yrs 1km Run | Lucy Cook | 7 th |
| Mala 12 yrs 11 m Pun | Zach Smith | Bronze |
| Male 12yrs 1km Run | Jack Commons | 8 th |
| | | |

Cornish Youth/Open/Master Championships

Once again the Cornish were held at Holywell Bay, and again we had good weather and surf to suit the event.

Perranporth SLSC Youth team finished 8th overall

Cornish Youth team: George Hudson, Matti De Beer, Aiden De Beer, Jack Farr, Sam Stephens, Nyall Thornton, Megan Smith, Charlotte Farr, Jessica Commons, Jessica

| Female 14-15yrs Board | Jessica Georglin | 8 th |
|--------------------------|------------------|-----------------|
| Race | | |
| Female 14-15yrs 1km Run | Megan Smith | 5 th |
| Female 15yrs & Under | Jessica Georglin | Gold |
| Beach Flags | | |
| Male 13yrs Beach Flags | Aiden De Beer | Silver |
| Female 15yrs & Under | Megan Smith | Silver |
| Beach Sprint | Jessica Georglin | 5 th |
| Male 15yrs & Under Beach | Matti De Beer | 8 th |
| Sprint | | |
| Male 13yrs Beach Sprint | Aiden De Beer | 4 th |
| Female 16-17yrs Beach | Perranporth | 4 th |
| Relay | | |
| Female 17yrs & Under | Perranporth | 5 th |
| Taplin Relay | | |
| Female 15yrs & Under | Perranporth | 6 th |
| Board Relay | | |
| Female 15yrs & Under | Perranporth | 7 th |
| Double Ski | | |
| Female 15yrs & Under | Perranporth | 6th |
| Tube Rescue | | |
| Male 15yrs & Under Tube | Perranporth | 6th |
| Rescue | - | |
| Female 15yrs & Under | Perranporth | 6th |
| Board Rescue | - | |
| | | |

Perranporth SLSC Open team finished 6th overall

Cornish Open team: Holly Byatt, Rohan Maynard, Rachael Crabb, Esme Rogers

| Female Board Race | Esme Rogers | 4 th |
|-------------------|-------------|-----------------|
| Female Ski Race | Holly Byatt | 6 th |

large surf.

| Female 2km Run | Esme Rogers | Silver |
|---------------------|------------------|--------|
| Female Beach Flags | Esme Rogers | Silver |
| Female Beach Sprint | Esme Rogers | Bronze |
| Female Taplin Relay | Perranporth SLSC | 5th |
| Female Board Relay | Perranporth SLSC | 4th |
| Female Double Ski | Perranporth SLSC | 4th |
| Female Tube Rescue | Perranporth SLSC | 4th |
| Female Board Rescue | Perranporth SLSC | 4th |

Perranporth SLSC Master Team finished 7th overall

Cornish Master team: Anita Fleet, Emma Gaisford, Sarah Green, Laura Holland, Andrea Commons, Annie Lee, Andrew Byatt, Martin Fleet, Simon Lawrence

| Female 30-39yrs Surf | Anita Fleet | Bronze |
|-------------------------|-----------------|-----------------|
| Race | | |
| | Annie Lee | Gold |
| Famala 45 40 Sf | Andrea | 4 th |
| Female 45-49yrs Surf | Commons | |
| | Emma Gaisford | 8 th |
| Female 30-39yrs Board | Anita Fleet | 6 th |
| Male 40-44yrs Ski Race | Martin Fleet | Gold |
| Male 50-59yrs Ski Race | Simon Lawrence | Silver |
| Male 40-44yrs Oceanman | Martin Fleet | Bronze |
| Male 50-59yrs Oceanman | Simon Lawrence | Bronze |
| F 1 20 20 11 | Sarah Green | Silver |
| Female 30-39yrs 1km | Anita Fleet | 5 th |
| | Julia Georgelin | Gold |
| Female 45-49yrs 1km | Andrea | 4 th |
| | Commons | |
| Female 30-39yrs Flags | Anita Fleet | Silver |
| Female 45-49 yrs Flags | Andrea | Bronze |
| | Commons | |
| Female 30-39yrs Sprint | Sarah Green | 6 th |
| Female 45-49 yrs Sprint | Julia Georgelin | Silver |

National Youth Surf Championships

Once again it was held at Exmouth, no surf but good racing and the weather was kind.

National Master Team: Simon Lawrence, Nigel Bowden

| Male 50-54yrs Ski | Simon Lawrence | Bronze | |
|-------------------|----------------|--------|--|

| Male 50-54 yrs 1km | Simon Lawrence | 9 th |
|----------------------|------------------|-----------------|
| Male 50 + Double Ski | Perranporth SLSC | 6 th |

National Youth Team: Megan Smith, Jessica Commons, Charlotte Farr, Esme Rogers

| Female 19yrs & Under | Esme Rogers | 4 th |
|----------------------|-----------------|------------------|
| Board Race | | |
| Female 19yrs & Under | Esme Rogers | Gold |
| Ikm Run | | |
| Female 17yrs & Under | Charlotte Farr | 7 th |
| Ikm Run | | |
| Female 15yrs & Under | Megan Smith | 4 th |
| Ikm Run | Jessica Commons | 13 th |
| Female 19yrs & Under | Esme Rogers | 4 th |
| Beach Flags | | |
| Female 15yrs & Under | Megan Smith | Silver |
| Beach Flags | | |
| Female 19yrs & Under | Esme Rogers | Silver |
| Beach Sprint | | |
| Female 15yrs & Under | Megan Smith | 5 th |
| Beach Sprint | | |
| Female 15yrs & Under | Perranporth | 5 th |
| Double Ski | | |
| Female 19yrs & Under | Perranporth | 7 th |
| Tube Rescue | | |
| Female 19yrs & Under | Perranporth | 8 th |
| Board Rescue | | |
| Female 17yrs & Under | Perranporth | 12 th |
| Taplin Relay | | |
| Female 17yrs & Under | Perranporth | 9 th |
| Board Relay | | |
| | 1 | ' |

National Nipper Surf Championships

The National Nipper is now the biggest Surf lifesaving in the country and maybe Europe with over 600 competitors from 31 clubs. This is a big step for our young Nipper to take, but they all took on the challenge and competed to their best for the Black and Gold of Perranporth.

National Nipper Team 2016: Harvey Gaisford, Huw Owen, Jack Farr, Aaron Martyn, Alex Robinson, Zach Smith, Josie Plant, Tiffany Postle, Stella Pope, Abby Martyn, Jowan Kerry, Freddy Gaisford, Byron Postle, Finley Robinson, Edward Pope

| 10yrs Boys Surf Race | Jowan Kerry | 9 th |
|----------------------------|---------------|------------------------|
| 13yrs Boys Surf Race | Aaron Martyn | 10 th |
| 10yrs Boys Board Race | Jowan Kerry | 15 th |
| 13yrs Boys Board Race | Jack Farr | 16 th |
| 13yrs Boys Golden Nipper | Aaron Martyn | th |
| 12yrs Boys 1km Run | Zach Smith | 4 th |
| 13yrs Boys 1km Run | Aaron Martyn | llth |
| 10yrs Boys Beach Flags | Jowan Kerry | 6 th |
| 13yrs Boys Beach Flags | Harvey | 15 th |
| | Gaisford | |
| 10yrs Boys Beach Sprint | Jowan Kerry | 9 th |
| 12yrs Boys Beach Sprint | Zach Smith | 13 th |
| 13yrs Beach Sprint | Alex Robinson | 15 th |
| 12-13yrs Boys Board Relay | Perranporth | 10 th |
| 12-13yrs Girls Surf Relay | Perranporth | 12 th |
| 12-13yrs Boys Surf Relay | Perranporth | 9 th |
| 10yrs Boys Board Rescue | Perranporth | 16 th |
| I lyrs Girls Board Rescue | Perranporth | I4 th |
| L2: ma Davis Daard Das sur | Perranporth | 7 th |
| 13yrs Boys Board Rescue | Perranporth | 10 th |
| | | |

National Open Surf Championships

Perranporth SLSC were unable to send an Open team.

Overall Medals

| Event | Gold | Silver | Bronze |
|----------|------|--------|--------|
| Cornish | 17 | 14 | 16 |
| National | 4 | 3 | 2 |
| Total | 21 | 17 | 18 |

Congratulations must go out to Esme Rogers who was selected for both the SLS Cornwall Team and the SLSGB England Team and both teams were undefeated in 2016



FUNDRAISING

Lyn Bowden

We had some surprising results from fundraising this year with new support from different areas of the local community some of which is ongoing. Thank you for your donations and support.

The Club relies on its members to support it in all areas, helping with tidying the club, baking cakes and, or supporting us at fund raising events such as the Harvest Gathering Auction. It is our main source of income which keeps the club afloat, every penny counts!

It is important we look after the buildings and fabric of the club, this needs to be attended to sooner rather than later. But it all cost money.

Can all fundraising please be directed to myself so we can have an early diary with events not clashing?

Thank you to all who have helped in the past and who will help in the future. Looking forward to 2017!

MEMBERSHIP REPORT
TREASURERS REPORT

MEMBERSHIP

Lyn Bowden

We are one of the biggest clubs in England with a massive 337 members. Of those, 18 are life members of which some are current active members.

The new on-line system has proven to be a valuable tool used by us all. It has made a major difference to membership data/money collection. A very big thank you to Matt Sanwell for creating this system.

Last year the committee made some significant changes to certain areas of the membership.

- A price increase across the board was required as SLSGB had increased their membership fees from £23 to £25 per person.
- Also the family membership was recalculated with a fairer adjustment.
- In addition to this, to protect both members and individuals we asked all parents who help with the training evenings to take out an associate membership.
 This ensured that all who help are completely insured.
 Thank you to those who have done this.

| Membership prices | | |
|-------------------|--|--|
| Nipper | £48 | |
| Youth | £48 | |
| Senior | £88 | |
| Associate | £30 | |
| Family | £192 2x adult 2x children plus £30 per extra child | |

| Membership Type | for 2016 |
|-----------------|----------|
| Senior | 147 |
| Youth | 31 |
| Nipper | 91 |
| Nipper/Junior | 17 |
| Associate | 33 |
| Life | 18 |
| Total | 337 |

| Breakdown of fees | for 2016 |
|--------------------------------------|-----------|
| Membership paid to date October 2016 | £16704.21 |
| Paid to SLSGB | £8250 |

Our current Life Members

Richard Abram

Christopher Ballinger

Nick Beringer

Peter Foxwell

Peter Gaisford

Chris Harding

Alan Holmes

Robin Howell

David Hancock

Doreen Lawrence

Simon Lawrence

Gilly Lloyd

James Marsh

Robert Plimley

Chris Strickland

Stuart Thorn

Tom Tremewan

Raymond Turvey

TREASURER

Cath McRitchie

We have managed to keep costs at a minimum this year, following expenditure from the garage doors and pumps last year.

There has been various fund raising events, including a Nippers cake bake, organising food and drinks for the Max Hocking event in the summer, various bbqs, tuck shops etc.

Bourne Leisure (Haven) kindly donated a considerable sum towards sponsoring of the Triathlon and Aquathon, and this, along with other donations helped towards a good profit of approximately £10,000. This will obviously help to cover the costs and expenditure of the club in the coming year. A big thanks goes out to Spike for her hard work and effort in putting on and arranging these events, and also to her committee of Triathlon helpers. We are always looking for more ways to fund raise, so any ideas and help is always welcome.

The committee members have been making sure that that the restricted funds have been put to the use that they were intended for, including training and course fees, buying a new IRB from Falmouth Surf Club, and new rescue boards (due to the popularity of the club nights/ladies nights training sessions), with help from a considerable donation from the Gardens Charity and the balance paid by the club.

The IRB crew have also raised funds towards the remainder of the monies needed for the purchase of their new IRB by providing water cover for private events

There has also been a Harvest Festival auction at the beginning of October which raised in the region of £1300 for club funds and which will show in next year's accounts.

All membership fees are now being paid online together with registration fees for the Triathlon and Aquathon which makes it much more manageable. We are trying to organise most payments online now to reduce banking charges and costs.

OUR SUPPORTERS

Happy Energy Ltd, Haven Perran Sands, The Watering Hole, Cycle Logic of Helston, Snugg Wetsuits of Newquay, RNLI, GAP ltd, Kier Group, Healey's Cyder Farm, Callestick Farm, Bathsheba Surf, Skinners Brewery, Carve Magazine, Iglu Wetsuits, SAS, The Ice Box, Kabuto Noodles, New Wave Church, Sarah and Natasha Sports Massage, Chris Law Osteopath, the Filling Station cafe, Design Unltd and SeaDog IT, The Waterfront Restaurant, The Filling Station Cafe, Perranzabuloe Parish Council. Jon & Katrina Hinkley, Gaisford Surf Equipment, Peter Retallack Inspira Engraving, Dor 2 Dor Taxis, The School Pool Project, Maxine Whitbread-Abrutat MA,

And to the many of family and friends that support our club year upon year

THANK YOU!



ANNUAL REPORT 2016

www.perranporthslsc.org.uk
Perranporth Surf Lifesaving Club Registered Chairty No. 1041075